
高考高频词 800

1 choice [tʃɔɪs]

He had no choice but to jump — still with the photograph in his pocket.

别无选择只能做某事

2 provide [prə'vaɪd]

The data provided suggest that more investment should go to risk reduction.

adj. 提供的

3 thought [θɔ:t]

My thoughts spilled out and my pen started to dance.

n. 思想

4 offer [ɒfə]

Our programme offers the full package—students are taken good care of from the start through to the very end.

vt. 提供

5 interest [ɪntrest]

Find an issue you are interested in and learn more.

adj. 感兴趣的

6 experiment [ɪk'sperɪment]

She finds herself torn between her sympathy for the animals being experimented on and her friendship with Banting and Best（研究胰岛素的专家）.

vi. 做实验

7 experience [ɪk'spiəriəns]

Practise under the guidance of some experienced writers and teachers who can help you with basic writing skills.

adj. 有经验的

8 develop [dɪ'veləp]

She was heartbroken about losing several rolls of Kodak color film she had not yet developed.

vt. 冲洗

9 complete [kəm'pli:t]

Our café offers a complete menu of lunch and snack options.

adj.完整的

10 positive [pəʒətɪv]

Positive thinking and action result in success.

adj. 积极的

11 practical [præktɪkəl]

The HUNCH program has an impact on college admissions and practical life skills.

实用的生活技巧

12 probably [prəbəbli]

3D food printing could probably contribute to the solution.

adv. 很可能

13 recent [riːsənt]

Despite recent advancements in 3D food printing, the industry has many challenges to overcome.

adj.近来的

14 position [pə'zɪʃən]

I paused to catch my breath and then positioned myself to take the best photo of this panorama(全景).

vt.放置

15 yet [jet]

This guy has nothing and yet he didn't take the wallet for himself.

adv. 但是

16 sense [sens]

Because a college community(群体) differs from the family, many students will struggle to find a sense of belonging.

归属感

17 attract

The bridge, which has attracted international attention, is now a local landmark.

vt.吸引

18 instead [ɪn'sted]

The customers who cannot pay can work as volunteers instead.

adv.反而

19 present [prɪ'zent]

The robotic fly can just fly in limited areas at the present time.

现阶段, 当前

20 consider [kən'sɪdə]

Competition is tough, so job seekers must carefully consider their personal choices.

vt. 考虑

21 effect [ɪ'fekt]

The accident had an unexpected side effect.

副作用

22 severe [sɪ'vɪə]

Today, celebrities(名人) face ever more severe embarrassment.

adj. 严重的

23 include [ɪn'kluːd]

Guided tour includes bike, helmet(头盔), cookies and bottled water.

vt. 包括

24 education [edʒu'keɪʃən]

He lived in a time when the blind couldn't get much education.

n. 教育

25 public [pʌblɪk]

Now this former royal palace(皇宫) is open to the public as a major tourist attraction.

公众

26 create [kri'eɪt]

Group exercise creates a community(社区) feel and the shared common goal motivates(鼓励) participants to work hard.

vt. 创造

27 encourage [ɪn'kʌrɪdʒ]

Surround yourself with people who uplift(鼓舞), encourage and understand you!

vt. 鼓励

28 reach [ri:tʃ]

To reach our goal of losing weight, we need to control what we eat.

达成目标

29 power [paʊə]

Smell is proving to be an increasingly powerful tool in encouraging people to purchase.

adj.有力的, 强大的

30 communicate [kə'mju:nikeɪt]

He had learned to communicate in the local language.

vi.交流

31 describe [dɪ'skraɪb]

There are problems psychology(心理学) doesn't have the answer to, and which no words can describe.

vt.描述

32 continue [kən'tɪnju:]

The number of garden cities would continue to rise.

继续做某事

33 increase [ɪn'kri:s]

The pressure at work is on the increase in all occupations.

正在增加

34 universal [ju:nɪ'vɜ:səl]

Facial expressions are not universal signals of human emotion.

adj.普遍的

35 wonder [wʌndə]

While space may hold many wonders, it also holds dangers.

n.奇观

36 improve [ɪm'pru:v]

Silence focuses us, improves our health, and is a key to lasting peace and satisfaction.

v.改善

37 point [pɔɪnt]

Then I got to the point where I was staying up really late at night to get my work done.

n. 地点 (抽象含义)

38 company [kʌmpəni]

Now, we have our smartphones to keep us company at the table.

陪伴

39 support [sə'pɔ:t]

We supported each other financially(经济上) and by showing up at events.

vt.支持

40 order [ɔ:də]

We ordered hamburgers and Coca Cola at the counter.

v.点（餐）

41 manage [mænɪdʒ]

I managed to stand out among the candidates and survive the test alone.

设法做成某事

42 purpose [pɜ:pəs]

He didn't say anything that was false, but he left out important information on purpose.

故意地

43 means [mi:nz]

They don't win by chance, but by means of logic and skills.

通过某方法

44 general [dʒenərəl]

In general, about 20% of parental involvement(父母的参与) was positive, about 45% negative and the rest insignificant(无关紧要的).

通常

45 lead [li:d]

The loss of oxygen-giving trees also leads to air pollution and global warming.

导致

46 realize ['ri:əlaɪz]

Samuel doesn't even realize that what he can do is special.

vt.意识到

47 mind [maɪnd]

I hear the notes and can bear them in mind---each and every note.

记住

48 inform [ɪn'fɔ:m]

In his letter, he thanked me again and informed me that, from then on, all their buses would stop at my service station.

vt.告知

49 expect [ɪk'spekt]

Parental involvement is not so beneficial as expected.

意料之中的

50 cause [kɔːz]

Night milk quickened the start of sleep and caused the mice to sleep longer.

vt. 导致

51 result [rɪˈzʌlt]

Misuse of a fire extinguisher will result in fines.

导致

52 special [speʃl]

Our café offers a complete menu of lunch and snack options, in addition to seasonal specials.

当季特色菜

53 research [riːsɜːtʃ]

He recommended that she do some research and talk to dentists.

做研究

54 underline [ʌndəˈlaɪn]

It underlines a fact that is often neglected.

vt. 强调

55 doubt [daʊt]

There is no doubt that the way we use memory is changing.

毫无疑问...

56 mention [menʃən]

The railway network will definitely create more opportunities for business, tourism and so on, not to mention the better communication among those countries.

更别提...

57 attention [əˈtenʃən]

If a child approaches him, he will pause to give that child his undivided attention.

全部的注意力

58 discover [dɪˈskʌvə]

There is another new discovery about the power of humour to help us physically, mentally, emotionally, and spiritually.

n. 发现

59 effort [efət]

They offer free online courses in an effort to attract millions of online learners worldwide.

通过努力试图要

60 case [keɪs]

We stayed together, in case anything else unusual happened.

以防万一

61 challenge [tʃælɪndʒ]

Group exercise is challenging, yet fun and empowering!

adj. 有挑战性的

62 collect [kə'lekt]

One out of three people collects tangible(有形的) things such as cats, photos and noisy toys.

v.搜集

63 reduce [rɪ'dju:s]

Self-driving vehicles can help reduce traffic jams.

v.减少

64 view [vju:]

The curves(曲线) of the buildings perfectly match the rise and fall of hills, forming a unique view.

n.视野

65 appear [ə'piə]

Oceans with more phytoplankton(浮游) may appear greener.

vi.显得

66 produce [prədju:s]

Their cooperation quickly produced results. vt.产生

67 raise [reɪz]

My progress in reading raised my curiosity, and I wanted to know everything.

引起了我的好奇

68 certain [sɜ:tən]

Survival is never certain.

adj. 确定的

69 product [prɒdʌkt]

I've got to produce this product and then, at the end of the year, present it to NASA.

n.产品

70 protect [prə'tekt]

Stars today can no longer have their privacy protected.

vt.保护

71 refer [rɪ'fɜ:]

Pritzker Architecture Prize is often referred to as the Nobel Prize in architecture.

被称为

72 control [kən'trəʊl]

Artificial intelligence may run out of human control.

失去控制

73 lose [lu:z]

We've lost the battle to control carbon pollution and have no choice but to adapt.

vt.输掉

74 require [rɪ'kwaɪə]

She had a hard time finishing the required reading tasks.

adj.需要的

75 likely [laɪkli]

Fish are most likely to be found in shallow water under waterside trees.

很有可能

76 rather [rɑ:ðə]

Another brand store seeks to be much more than a shop, but rather a destination.

而宁可说是

77 course [kɔ:s]

Many countries run extensive courses in all sorts of skills.

n.课程

78 state [steɪt]

Chocolate helps improve the state of mind.

精神状态

79 material [mə'tɪəriəl]

I want students to thoroughly study the material and exchange their ideas with each other in the classroom.

n.材料

80 natural [nætʃərəl]

We should keep the earth healthy while using its supply of natural resources.

自然资源

81 range [reɪndʒ]

Each garden city would offer a wide range of jobs and services.

大范围的，多种类的

82 suffer [sʌfə]

The loss of big trees was greatest in areas where trees had suffered the greatest water shortage.

vt. 遭受

83 confident [kənfrɪdənt]

You need to build a positive self-image when you are unconfident about yourself.

对……不自信

84 force [fɔːs]

Over 40% of students are forced to work during term time and the figure(数字) increases to 90% during vacation periods.

被迫

85 impress [ɪm'pres]

The audience was impressed by his amazing performance.

因某事印象深刻

86 prevent [prɪ'vent]

Dangerous areas did not prevent him from continuing his search.

防止某人做某事

87 project [prəʊdʒekt]

We have such roles as project managers, mountain leaders, and communication officers.

项目经理

88 satisfy [sætɪsfaɪ]

Wildlife watching also creates satisfying memories.

adj. 令人满意的

89 attend [ə'tend]

By now paramedics (救援人员) had arrived, and were attending the injured woman.

vt. 照料

90 check [tʃek]

The main duty of the fire prevention professionals is to check and maintain fire prevention equipment.

vt. 检查

91 depend [dɪ'pend]

Children as young as ten are becoming dependent on social media for their sense of self-worth.

依靠

92 join [dʒɔɪn]

Join us to taste a variety of fresh local food and drinks.

vt. 加入

93 memory ['meməri]

A ten-foot wooden squirrel sculpture was placed near the bridge in memory of its builder and his devotion to the project.

纪念

94 national [næʃənəl]

Scientists have little time to study human remains(残骸) of national and cultural significance.

adj.民族的

95 personal [pɜːsənəl]

When the stars step off screen, their personal lives may be disastrous.

adj.个人的

96 process [prəuses]

Some chemicals are often added to food while it is being grown, processed, or prepared.

vt.处理；加工

97 avoid [ə'vɔɪd]

We should avoid judging people by their appearances. 避免做某事

Students need to realize that conflict is unavoidable. adj. 不可避免的

98 beyond [brɪ'jɒnd]

The increasing speed of flowering is beyond scientists' expectation.

超越某人的期待

99 environment [ɪn'vaɪrənmənt]

He has also traveled around the world observing environmental concerns.

adj.环境的

100 relationship [rɪ'leɪʃənʃɪp]

A lot of business is still done over the phone, and much of it is based on trust and existing relationships.

n.关系

101 responsibility [rɪsponsə'bɪləti]

Childhood activities help a child develop responsibility, independence, confidence and competence.

n.责任

102 immediately [ɪ'mi:diətli]

The officer immediately sent a local farmer out to check on the pony(小马).

adv.立即

103 government [gʌvənmənt]

What the people wanted was a government which would provide a comfortable life for them.

n.政府

104 operate [ɒpəreɪt]

In the laboratory, Tavella operated the wheelchair just by thinking about moving his left or right band.

vt.操作

105 recognize [rekəɡnaɪz]

Her services were recognized in the form of a Military Medal by the French government.

vt.承认

106 customer [kʌstəmə]

His chief customers were his old college friends.

n.顾客

107 guide [ɡaɪd]

He could even talk as he watched the vehicle and guided it with his thoughts.

vt.指导; 带领

108 situation [sɪtʃu'eɪʃən]

A decade of data breaches (数据入侵) has led to a situation where scammers can easily learn your mother's name, and far more.

n.情况

109 technology [tek'nɒlədʒi]

Communication or transportation technology has promoted the quality of life for Americans throughout history.

n.技术

110 common [kɒmən]

We all share a common desire for pleasure, for connection, for something that is greater than us.

adj.共同的

111 custom [kʌstəm]

People live largely by their own laws and their own social customs.

社会风俗

112 respect [rɪ'spekt]

Children from well-respected schools tend to have good jobs.

adj.备受尊敬的

113 attitude [ætɪtju:d]

British attitudes towards accent have deep roots and are based on class prejudice(偏见).

n.态度

114 available [ə'veɪləbəl]

The program guidelines are available at: <http://cambridgesciencefestival.org>.

adj.可用的; 可得到的

115 cover [kʌvə]

We regarded the ability to cover such a distance in ten hours as sign of strength and skill. vt.走(路)

Some businesses only seek to enough to cover their operating costs. vt.支付费用

116 inspire [ɪn'spaɪə]

The primary purpose of the project is to inspire a strong desire for discovery among the students. vt.鼓舞

117 serve [sɜ:v]

Photos can serve as a force for social change.

作为, 充当

118 comfort [kʌmfət]

When the author turned fifty, people around him tried to comfort him.

vt.安慰

119 connect [kə'nekt]

HUNCH is designed to connect high school classrooms with NASA engineers.

vt.连接

120 store [stɔ:]

He directed the wasted water into shallow basins where it froze, and was stored until the spring.

vt.储藏

121 remain [rɪ'meɪn]

Sports, without which you remain poor, mean a lot in life.

v.保持

122 serious [sɪəriəs]

Although serious problems still remain and need to be dealt with, the world is a safer and healthier place.

adj.严重的

123 step [step]

After your father died, Mr. Belser stepped in to make sure you had a man's influence in your life.

介入, 干预

124 benefit [benɪfɪt]

Today we benefit from countless inventions and innovations.

从某事中获益

125 deal [di:l]

Winners deal with problems rather than blame others.

处理

126 direct [daɪ'rekt]

Two researchers demonstrated a small robotic wheelchair directed by a person's thoughts.

vt.指挥

127 culture [kʌltʃə]

In every country, cities reflect the values of the culture.

n.文化

128 express [ɪk'spres]

It was the language that helped shape the way I saw things, expressed ideas, and made sense of the world.

vt. 表达

129 concern [kən'sɜ:n]

Many parents still limit electronic reading, mainly due to concerns about increased screen time.

n.担忧

130 imagine [ɪ'mædʒɪn]

Trees are much more complex than most of us ever imagined.

vt.想像

131 prove [pru:v]

The team will test with real patients to prove the technology useful to them.

vt.证明

132 annoy [ə'nɔɪ]

Repeated use of “um” or “ah” can leave listeners so annoyed that they can't pay attention.

adj. 恼怒的

133 appreciate [ə'pri:ʃieɪt]

This is what photos are for: to remind us that we all appreciate beauty. vt.欣赏

134 disappear [dɪsə'piə]

Opportunities would disappear if examinations were taken away, especially for the poor.

vi.消失

135 distance [dɪstəns]

The speed of modern travel has made distances relatively short.

n.距离

136 figure ['fɪɡə]

The researchers figured out water stress with a computer model. vt. 想出, 算出

He figured someone from the Belser family had taken it. vt.认为

137 remind [rɪ'maɪnd]

That photo is a reminder, a captured(捕捉的) moment, an unspoken conversation between two women, separated only by a thin square of glass.

n. 提醒物

138 settle [setəl]

Everything can be settled by discussion.

被...解决

139 thus [ðʌs]

The force of a user's typing and the time between key presses are unique to each person. Thus, the keyboard can determine people's identities.

adv.因而

140 total [təʊtəl]

The three ships — the MV Prantalay 11, 12, and 14 — had 77 members on board in total.

总共

141 afford [ə'fɔ:d]

She ran at the school championships barefooted because she couldn't afford shoes.

vt.负担得起

142 aim [eɪm]

The programs mainly aim to help people achieve an educational purpose.

以...为目的

143 population [pəpju'leɪʃən]

Less than half of the U. S. adult population now reads literature, according to a recent survey.

n.人口

144 reflect [rɪ'flekt]

If I reflect on how my day's gone and think about the rest of the week, it's a chance for self-reflection.

反思

145 sale [seɪl]

Scent(香味) is just as important to a brand's success as the quality of their goods on sale.

促销

146 active [æktɪv]

Youth can play an active role in the change of society.

扮演积极角色，起积极作用

147 adventure [əd'ventʃə]

You might also design an adventure challenge to train young volunteers.

n.冒险

148 except [ɪk'sept]

Except for some stumbles(停顿), Chris is doing amazingly well. prep.

除.....之外

149 hit [hɪt]

It hit me then: why, as a child, helping Dad clean his comb was such a pleasure.

vt.使突然想起

150 sight [saɪt]

Light pollution causes us to lose sight of our true place in the universe.

忽略，不再看见

151 spread [spred]

Good news can spread faster and farther than disasters and sob stories.

vi.传播

152 talent [tælənt]

Benjamin West showed his talent for art when he was only six years of age.

展现...才能

153 transport [træns'pɔ:t]

Fourteen wolves were caught in Canada and transported to the park.

vt.运输

154 admit [əd'mɪt]

The author advises us to admit our weaknesses.

vt.承认

155 industry[ɪndəstri]

In the more and more competitive service industry, it is no longer enough to promise customer satisfaction.

服务行业

156 library [laɪbrəri]

Parents can make their own summer reading list and plan a family trip to the library or bookstore.

n.图书馆

157 percent [pə'sent]

The number of trees larger than two feet across has declined by 50 percent in California forests.

n.百分之...

158 supply [sə'plaɪ]

Rising temperatures reduces the water supply available to trees during the dry season.

水供应

159 assist [ə'sɪst]

Technology is going to assist but it is not going to do everything.

vt.辅助

160 aware [ə'weə]

If someone is talking loudly on the bus, stare at him until he gets aware of it and quiets down.

意识到

161 energy [enədʒi]

Advanced building designs have helped save a lot of energy and therefore prevented pollution.

n. 能源

162 period ['piəriəd]

Whatever you do, if you want to become great at it, you need to work day in and day out, almost to the point of addiction, and over a long period of time.

很长一段时间

163 regular [regjʊlə]

Just a little of the herbs(草) can take your regular cooking to a whole new level.

adj. 常规的

164 style [stɑɪl]

Life style and decisions about eating can affect weight.

生活方式

165 unique [ju:'ni:k]

The Young Inspirations mentoring(指导) program aims to provide youth with unique experiences.

adj. 独一无二的

166 advance [əd'vɑ:ns]

We require the student's full details at least 4 weeks in advance.

预先, 提前

167 advantage [əd'vɑ:ntɪdʒ]

If you take full advantage of your speech class, you will be able to develop your skills.

充分利用

168 approach [ə'prəʊtʃ]

Business is the organized approach to providing customers with the goods and services they want.

n. 途径; 方法

169 confuse [kən'fju:z]

Foreign tourists are often confused in Japan because most streets there don't have names.

adj. 困惑的

170 otherwise [ʌðəwaɪz]

Please stay on permitted paths. Otherwise you may destroy desert plants.

adv. 否则

And unless otherwise assigned(指定) a seat by the teacher, I always chose to sit at the back of the classroom.

adv. 另样；另外的

171 publish [pʌblɪʃ]

Their findings were published in *Current Biology* in 2017.

vt. 出版

172 risk [rɪsk]

Youngsters felt their friendships could be at risk if they did not respond to social media posts quickly, and around the clock.

处于危险中

173 safety [seɪfti]

All riders are equipped with reflective vests(反光衣) and safety lights.

安全灯

174 society [sə'saɪəti]

The car transformed America from a farm-based society into an industrial power.

n. 社会

175 eventually [ɪ'ventʃuəli]

At the moment the building is empty, but eventually there will be a five-star hotel.

adv. 最终地

176 human being

All human beings possess a body clock.

人类

177 medical [medɪkəl]

A lifetime of regular transfusions(输血) can lead to serious medical problems.

adj. 医学的

178 potential [pə'tenʃəl]

Multitaskers usually fail to react quickly to potential dangers.

adj. 潜在的

179 training [treɪnɪŋ]

Later during my training as a future teacher, I studied with some of the most famous educators.

n.培训

180 wild [waɪld]

Let your imagination run wild, and dare to dream.

adv. 疯狂地

181 argue [ɑ:gju]

Steven Stein has been hired to argue for the use of plastic bags.

争取, 为...争论

182 calm [kɑ:m]

I placed the chick in the nest, and it quickly calmed down.

平静下来

183 charge [tʃɑ:dʒ]

Some of the older well-known papers charged five or six cents.

vt.收费

One moment it was quiet and calm in the forest, the next, the air was charged with tension.

充满

184 forward [fɔ:wəd]

Everyone looks forward to progress, whether in one's personal life or in the general society.

期待

185 gather [gæðə]

He backed his finding with hard facts gathered through years of research.

v.采集

186 graduate [grædʒueɪt]

My daughter is a university graduate working toward her master's degree in English.

n.毕业生

187 performance [pə'fɔ:məns]

Traditional wisdom has it that heavy television-watching lowers IQ scores and affects school performance.

学校表现; 学习成绩

188 survive [sə'vaɪv]

She survived because of a plentiful supply of fresh water.

v.幸存

189 tend [tend]

Clothesline drying also tends to lower home value in the neighborhood.

倾向于，易于

190 exact [ɪg'zækt]

It's similar to the music you listen to, but it's not exactly the same.

adv.精确地；完全地

191 average [ævərɪdʒ]

The average number of electronic devices(电子设备) rose from four per household in 1992 to 13 in 2007.

adj.平均的

192 expert [ekspɜ:t]

Some experts are skeptical about 3D food printers.

n.专家

193 field [fi:ld]

We succeed in our field of specialization and then become trapped in it.

n.领域

194 market [mɑ:kɪt]

Hewlett-Packard Co. has decided to develop new technologies because they see a growing market for printers.

n.市场

195 measure [meʒə]

Many youngsters now measure their status by how much public approval they get online, often through "likes".

v.测量；估量

196 pleasure [pleʒə]

I would like you to read a lot of books this year, but I want you to read them only for pleasure.

n.高兴

197 replace [rɪ'pleɪs]

Another argument against television is that it replaces reading as a form of entertainment.

vt.取代

198 seek [si:k]

Your lives are busy enough doing homework, playing sports, making friends, seeking after your dreams.

追寻

199 service [sɜːvɪs]

Far from charging consumers high prices, many of these services are free.

n.服务

200 therefore [ˈðeəfɔː]

A fish is a cold-blooded animal and therefore is very sensitive to water temperature.

adv.因此

201 trust [trʌst]

Some stars stay calm by surrounding themselves with trusted friends and family.

adj. 可信的, 可靠的

202 achieve [əˈtʃiːv]

The machine cannot achieve its original purpose if it is dead.

vt.实现

203 basic ['beɪsɪk]

Many Native Americans value silence and feel it is a basic part of communicating among people.

adj.基本的

204 ignore [ɪgˈnɔː]

People walking in cities ignore the surroundings because there is too much information to take in.

vt.忽视

205 major [meɪdʒə]

The major goal of understanding history to better know the present and future.

adj.主要的

206 relate [rɪˈleɪt]

Our feelings are related to our bodily experience.

与...有联系

207 treat [tri:t]

I was greeted with smiling faces and treated like a queen.

vt.对待

208 warn [wɔːn]

Scientists have built an early-warning system based on mathematical models.

早期预警系统

209 intend [ɪn'tend]

They actively seek to be part of a “we”, a group that intends to work toward a shared goal.

想要；打算

210 observe [əb'zɜ:v]

Failure to observe all Park rules could result in being driven out of the Park without refund(退款).

vt.遵守

211 origin [ɒrɪdʒɪn]

The original Cinderella is so different from the Disney version.

adj. 原本的

212 promote [prə'məʊt]

Sharing bread or other foods is a common human tradition that can promote unity and trust.

vt.促进

213 stress [stres]

Here I will stress some smarter and more creative examples of climate adaptation.

vt.强调

People can reduce their chances of getting heart disease by paying more attention to reducing stress in their work.

n.压力

214 conversation [kɒnvə'seɪʃən]

A silence in a conversation may also show stubbornness(倔强), uneasiness(不安), or worry.

n.交谈

215 extreme [ɪk'stri:m]

Silence may be viewed by some cultural groups as extremely uncomfortable.

adv.极端地

216 fit [fɪt]

I had my relatives give me money for my birthday instead of a lot of clothes that wouldn't fit. v.适合

Storm chasing is not only fit for young people. 适合

217 professor [prə'fesə]

Business people, political leaders, university professors, and especially millions of grass-roots(草根)

Americans are taking part in the movement.

n.教授

218 shape [ʃeɪp]

The car shaped some of the most lasting aspects of American culture.

vt.塑造

219 system [sɪstəm]

The city planner decided to build an underground drainage (排水) system.

n.体系；系统

220 voice [vɔɪs]

On campus tours other parents voiced similar concerns: what about crime?

vt.表达

221 demand [dɪ'mɑ:nd]

Though the book is short, it is demanding: Don't pick it up looking for quick, easy lessons. Rather, be ready to think deeply about learning from experience in work and life.

adj. 要求高的

222 determine [dɪ'tɜ:mɪn]

Determined to be myself, move forward, free of shame and worldly labels(世俗标签), I can now call myself a "marathon winner".

adj. 下定决心的

223 influence [ɪnfluəns]

Things like parents' educational background have a stronger influence on a child's reading.

产生极大影响

224 normal [nɔ:məl]

Admission(门票) is at normal charges and you don't need to book.

adj.正常的

225 rise [raɪz]

In a world with limited natural resources, the harm from the traditional business model is on the rise.

正在上升

226 affect [ə'fekt]

When one tree is destroyed, it affects all.

vt.影响

227 compare [kəm'peə]

Compared with home-made handicrafts(手工艺品), machine made products lack the personal touch.

与...比较

228 contribute [kən'trɪbjʊ:t]

Careless methods of production and lack of environment friendly products have contributed to the pollution problem.

导致

229 damage [dæmɪdʒ]

Irresponsible use of a fire extinguisher can create a dangerous situation for other residents and could result in damage to personal property(个人财产).

n.损毁

230 desire [dɪ'zaɪə]

Reading satisfies my desire to keep learning.

n.愿望

231 disappointed [dɪsə'pɔɪntɪd]

These jobs didn't pay well, and the people felt lonely and disappointed with their new life in the city.

adj.失望的

232 necessary [nesəsəri]

Sports day might be necessary at a highly-competitive independent school, but not at a village primary school.

adj.必需的

233 search [sɜ:tʃ]

We have searched the Internet but we can't find anything cheaper than \$ 150 a night.

v.搜索

234 apply [ə'plai]

Now researchers are applying scientific methods to the study of the universality of art.

vt.将.....投入; 应用

235 exist [ɪg'zɪst]

Some works of art can exist for centuries because they appeal to unchanging features(特点) of human nature.

vi.存在

236 fear [fɪə]

Many people fear the gym because they feel lost and don't want to embarrass themselves.

vt.害怕

237 level [levəl]

To increase levels of community service, some schools have launched compulsory(义务) volunteer programs.

n.水平

238 restaurant [restərɒnt]

Try a fun healthy restaurant or fresh juice bar! Fitness can be both fun and social!

n.饭馆

239 task [tɑːsk]

I completed the task within 40 minutes.

n.任务

240 condition [kən'dɪʃən]

It is many young people's ambition to set up programmes or businesses that improve social conditions.

社会条件

241 limit [lɪmɪt]

The Paris Agreement, stuck by nearly 200 countries, also aims to limit global warming.

vt.限制

242 patient [peɪʃənt]

Some people are less willing to deal with humans because they are becoming less patient.

adj.有耐心的

243 physical [fɪzɪkəl]

If you desire physical activities, you can choose activities from swimming to horse riding.

adj.身体上的

244 quality [kwɒləti]

Please help ORBIS improve the quality of life for so many people less fortunate than ourselves.

生活品质

245 refuse [refjuːs]

Furious(狂怒的), she left the house and refused to come back.

拒绝做

246 role [rəʊl]

Personality plays a key role in social learning in animals.

扮演重要角色

247 term [tɜ:m]

People don't have to learn computer terms, but the experts have to explain in plain language.

n.术语

248 amount [ə'maʊnt]

Today \$8 or \$10 seems a small amount of money, but at that time these amounts were forbidding to most citizens.

少量的

249 especially [ɪ'speʃəli]

People can be offended, especially if your error suggests a misunderstanding of their culture.

adv.特别；尤其

250 lack[læk]

Lack of sleep could put the birds' health at risk.

n. 缺乏

251 prefer [prɪ'fɜ:]

Fish prefer shallow water to deep water because the former is warmer.

vt.更喜欢

252 similar [sɪmɪlə]

She and I developed something very similar to a Vulcan mind meld(心灵融合).

与...相似

253 adapt [ə'dæpt]

Man-raised parrots are unable to adapt to the wild.

适应

254 address [ə'dres]

The Coalition for the Homeless is an organization that seeks to address the needs of the homeless population in the United States.

vt. 处理

255 appointment[ə'pɔɪntmənt]

Visit www.ribc.org to make an appointment.

n.预约，会面

256 assess [ə'ses]

We assess the advantages and disadvantages of decisions all the time.

vt.评估

257 bother [bəʊə]

It has always bothered me that I can think of no way to describe it other than “broken English”.

使某人烦恼

258 carbon [kɑːbən]

When these organisms(有机物) die, they bury carbon in the deep ocean.

n.碳

259 climate [klaɪmət]

When these organisms die, they bury carbon in the deep ocean, an important process that helps to regulate the global climate.

n.气候

260 compete [kəm'pi:t]

Fourteen teams travel from all over the world to Switzerland to compete.

vi.竞争

261 count [kaunt]

One team member counts down the last five minutes while others are busy cleaning up the tools.

倒计时

262 digital [dɪdʒɪtəl]

People in a digital age can't be expected to learn to hold a pen.

数字时代

263 hopeful [həʊpfəl]

The author is hopeful about freedom.

adj.有希望的

264 institute [ɪnstɪtju:t]

The Massachusetts Institute of Technology researchers analyzing the project data say they're already amazed.

麻省理工学院

265 lift [lɪft]

He said that although he couldn't give me a lift, I should come back to his house for lunch.

搭便车

266 manner [mænə]

If you have written the wrong name in an email, it is best to apologize in a serious manner.

用严肃的方式

267 psychology [saɪˈkɒlədʒɪ]

Popularity is a well-explored subject in social psychology.

社会心理学

268 regardless [rɪˈɡɑːdləs]

Regardless of your choice of course, you'll develop your language ability both quickly and effectively.

无论，不管

269 reliable [rɪˈlaɪəbəl]

He says that once again not all new locks have proved reliable.

adj.可靠的

270 relief [rɪˈliːf]

Still, most of us volunteers breathe a sigh of relief when the season comes to a close.

舒一口气

271 scare [skeə]

If so, you have actually scared the stranger away without having to fight him.

vt.使惊吓

272 sink [sɪŋk]

Limiting temperature rise to 1.5°C could save them from sinking.

v.下沉

273 strengthen [streŋθən]

Items like T-shirts that allow volunteers to be recognized publicly for their contributions can help strengthen role identity(角色身份).

v.加强

274 youth [juːθ]

The main theme of the forum(论坛) was how youth can drive change in political and public life.

n.青年

275 abandon [əˈbændən]

I wish that sports day could be abandoned and replaced with some other less competitive event.

vt.摒弃

276 appearance [əˈpiərəns]

The appearance of new-born giants suggests that newcomers can make waves, too.

n.外观

277 aspect [æspekt]

Technological change is everywhere and affects every aspect of life, mostly for the better.

n.方面

278 astonish [ə'stɒnɪʃ]

For animals, ants have been astonishingly successful, largely due to their wonderful social behavior.

adv.使人惊讶地

279 content [kɒntent]

We should be content with what we already have.

感到满足

280 delay [dɪ'leɪ]

The longer we delay a task, the more tired we feel.

v.拖延

281 deserve [dɪ'zɜ:v]

Victims(受害者) of El Nino deserve more compensation(补偿).

vt.应得

282 disabled [dɪs'eɪbld]

One robotic car took off in entirely the wrong direction and had to be disabled by remote control.

vt. 使失去功能

283 eager [i:gə]

Parents are eager to see their kids shape up.

渴望做某事

284 former [fɔ:mə]

The family rented a former church in downtown Portland and scheduled(安排) a concert.

adj.之前的

285 grateful [greɪtful]

We should be grateful for the help from others.

为...而感激

286 hesitate [hezɪteɪt]

A few students hesitated to start. They waited to see what the rest of the class would do.

犹豫做某事

287 humorous [ˈhju:mərəs]

James has painful, challenging, but also humorous and happy travels.

adj.富于幽默的

288 obvious [ˈɒvviəs]

Professor H. Siegel has a gift for explaining mathematical concepts(数学概念) in ways that make them seem clear and obvious.

adj.明显的

289 overcome [əʊvəˈkʌm]

He had overcome all his weakness before he left for home.

vt.战胜

290 preserve [prɪˈzɜ:v]

Moran hopes to make jazz more accessible, and preserve its history and culture.

vt.保存; 保护

291 represent [reprɪˈzent]

She tied several chopsticks together, representing a family.

vt.代表

292 stare [steə]

I stared at the screen, wondering which one my teacher meant.

盯着看

293 trend [trend]

The global warming trend might not be stopped. n.趋势

294 anxiety [æŋˈzaɪəti]

“Night milk” contains more melatonin(褪黑激素), which has been proven to help people feel sleepy and reduce anxiety.

n.焦虑

295 apartment [əˈpɑ:tmənt]

She lived in a one-room apartment, sleeping four in a bed with her mother and two brothers.

n.公寓

296 apparent [əˈpærənt]

Apparently satisfied that we caused no further threat, the bear moved off.

adv.明显地

297 cautious [kə:'ʃəs]

Being the cautious type, I fancied(喜欢) a reliable brand.

adj.谨慎的

298 concentrate [kənsəntreɪt]

When meeting a group of people, concentrate on remembering just two or three names.

全神贯注于

299 confirm [kən'fɜ:m]

You don't say the word 'cancer' until it's confirmed.

vt.确认

300 conflict [kɒnflɪkt]

Some people worry that the new language requirement may cause conflicts among people.

n.矛盾

301 greet [gri:t]

When the inspector(检查员) extended his hand to greet Glenn's mother, he slipped on the freshly oiled surface.

vt.问候; 向.....致敬

302 mobile ['məʊbaɪl]

People of all ages happily walk along the pavement with eyes and hands glued(粘住) to the mobile phone.

移动电话

303 possess [pə'zes]

They are potential powers we possess: energy, skill, sound judgment, creative ideas.

vt.拥有

304 reality [ri'æləti]

Terrafugia has come closer than anyone to making the flying car a reality.

n.现实

305 rid [rɪd]

We're not a culture that gets rid of our worn technology at the first sight of something shiny and new.

摆脱

306 technique [tek'ni:k]

He asked the workers to use traditional techniques to make the bricks into walls.

n.技巧

307 theme [θi:m]

The theme of the 2004 Forum(论坛) includes searching for a few new methods, learning and exchanging ideas on cutting-edge(前沿的) research.

n.主题

308 tough [tʌf]

Angry bees are able to send big, tough African elephants running away.

adj.强壮的

309 treatment [tri:tmənt]

Electric shock training and medical treatment are helping to rescue these big birds.

药物治疗

310 vehicle [vi:ɪkəl]

Driverless vehicles in public transport see no bright future in the US.

无人驾驶车辆

311 advertise [ædvətaɪz]

Every month another rock-bound Pacific island is advertised as the 'last paradise on earth'.

v.做广告

312 anxious [æŋkʃəs]

Anxious all the time, I was unable to keep focused for more than an hour at a time.

adj.焦虑的

313 approve [ə'pru:v]

The following items are approved for use in residential (住宿的) rooms: electric blankets, hair dryers, personal computers and so on.

vt.批准

314 concept ['kɒnsɛpt]

TOKNOW is a special magazine because it combines fun with complex concepts.

n.概念

315 consequence [kɒnsɪkwəns]

The benefits of this kind of engineering come with consequences---called light pollution.

n.后果

316 instruction [ɪn'strʌkʃən]

Meet outside of your residence hall(学生宿舍) and wait for further instructions.

进一步的指示

317 master [mɑːstə]

G&G has taught him how to live, how to focus and how to master his emotions.

vt.控制

318 media [miːdiə]

Availability of modern media makes it much harder to be a celebrity today.

n.媒体

319 official [ə'fɪʃəl]

At the same time, the “Fringe” appeared as a challenge to the official festival.

adj.官方的；正式的

320 significance [sɪg'nɪfɪkəns]

All the members should realize the value and significance of what they are going to do.

n.重大意义

321 straight [streɪt]

Things not attached to the Earth would fly off in a straight line.

adj.直的

322 typical [tɪpɪkəl]

A typical pie graph looks like a circular pie.

adj.典型的

323 unfortunate [ʌn'fɔːtʃənət]

The unfortunate situation is that child labour actually contributes to adult unemployment by providing a very cheap alternative to it.

adj.不幸的

324 vital [vaɪtəl]

Understanding history is vital to understanding ourselves as a people and as a nation.

对...至关重要

325 award [ə'wɔːd]

He is the first Chinese citizen to win this award.

n.奖品

326 board [bɔːd]

On board the ship, you will be well taken care of.

在船上

327 impossible [ɪm'pɒsəbəl]

It is impossible not to talk about China as the leading player when discussing fashion.

不可能做某事

328 kindness [kaɪndnəs]

They must show each other kindness and pity and the many qualities without which life would be very painful.

n.仁慈；善良

329 literature [lɪtərətʃə]

In my first literature class, Mrs. Smith asked us to read a story and then write on it.

n.文学

330 lonely [ləʊnli]

The journey was lonely and desperate at times.

adj.孤独的

331 policy [pələsi]

Honesty, my mum always used to tell me, is the best policy.

n.方针；政策

332 president [prezɪdnt]

Professor John Beath, the president of the society, said his first-year lectures were drawing crowds of 400.

n.主席

333 roll [rəʊl]

What drives me to roll out of bed at 5:00 a.m.?

起床

334 sensitive [sensətɪv]

People who are multitasking are generally less sensitive to risky situations.

对...敏感

335 wave [weɪv]

Murray was at the port to wave goodbye to his remarkable friend.

挥别

336 tourist [tuərist]

The Melbourne City Tourist Shuttle is a free bus service, stopping at key tourist attractions in and around the City.

旅游胜地

337 urge [ʒ:dʒ]

The urge to leave the subject of such images untouched is strong.

n. 强烈的欲望, 迫切的要求

338 admire [əd'maɪə]

Having been an immigrant (移民) myself, I admire people who go overseas to find a job.

v. 钦佩

339 audience ['ɔ:diəns]

The audience were thrilled when they heard his music.

n. 听众

340 comment [kɒment]

Papa would listen carefully and was ready with some comment, always to the point.

n. 评论

341 consist [kən'sɪst]

Hilversum is actually in a hilly area with the soil mostly consisting of sand.

由.....组成

342 consistent [kən'sɪstənt]

One of the things that are consistently negative was parents' help with homework.

adv. 一致地

343 disaster [dɪ'zɑ:stə]

Though heavy rains brought about by El Nino may relieve the drought(干旱) in California, they are likely to cause surface flooding and other disasters.

n. 灾难

344 dislike [dɪs'lʌɪk]

I decided to try at all costs to rid them of their fear and dislike of books.

n. 不喜爱; 厌恶

345 feed [fi:d]

Our exhibits will feed your mind but what about your body?

vt. 填补, 滋养

346 generous [dʒenərəs]

Multi-billionaire Mr. King donates generously to charity several times a year.

adv.慷慨地

347 intelligence [ɪn'telɪdʒəns]

Men and women always score similarly on intelligence tests, despite the difference in brain size.

智商测试

348 mix [mɪks]

In a special school for the hearing-impaired (听觉受损的), he learned sign language and got to mix with other disabled children.

与……相处

349 native [neɪtɪv]

In the United States, there were some well-constructed houses for native Indians.

adj.本土的; 本国的

350 puzzle [pʌzəl]

People have long puzzled over how the Egyptians moved such huge rocks.

vt.使困惑

351 rescue [reskjʊ:]

Try to protect the frostbitten(冻伤的) area and keep it dry until you are rescued.

vt.营救

352 schedule [ˈʃedju:l]

Tasks are scheduled so tightly that break times are often used to finish the day's work.

vt.安排

353 signal [ˈsɪgnəl]

Cyclists who give signals before turning or stopping help prevent accidents.

n. 信号

354 statement [ˈstetmənt]

"I can handle stress" is regarded as a positive statement in the world of work.

n.声明

355 surface [sɜːfɪs]

Some of these differences may be only on the surface: dress, food and hours of work.

n.表面

356 adult ['ædʌlt]

When you need help, talk to trusted adult, such as parent or other relatives.

n.成年人

357 amuse [ə'mju:z]

The TV ads of Sparrow amused the public with original songs.

vt.使发笑；使愉悦

358 disturb [dɪ'stɜ:b]

TV Ears helps you listen to TV without disturbing others.

vt.扰乱；打扰

359 explanation [eksplə'neɪʃən]

She first won her name through her explanation of a set of difficult understandings.

n.解释；说明

360 firm [fɜ:m]

I've been able to keep firm friendships with them.

adj. 坚定的，牢固的

361 hurry [hʌri]

Step off the beach, and you re-enter the world of traffic, stress, work, and hurry.

n.匆忙；仓促

362 judge [dʒʌdʒ]

It is true you can't judge a book by its cover.

v.判断

363 reserve [rɪ'zɜ:v]

If you order that, we reserve the right to either accept or reject order requests at the discounted price.

vt.保留

364 add [æd]

Whatever rooms you might add to your house of life, the secret of enjoying life is to keep adding.

添加，增加

365 ancient [eɪnʃənt]

Westerners should take advantages of the ancient Chinese wisdom to make up for the drawbacks(缺陷) of Westerners philosophy(哲学).

adj.古代的

366 courage [kʌrɪdʒ]

Seeing Grace swim with her man-made tail gives people so much courage.

n.勇气

367 edge [edʒ]

Simon lowered his friend over the edge of a precipice(峭壁).

n.边缘

368 engine [endʒɪn]

They use a search engine like Google, get 18 trillion choices and start clicking.

搜索引擎

369 lie [laɪ]

A particular danger was thought to lie in public baths.

vi.躺, 在于

370 lay [leɪ]

Big solar plants and the power lines will be laid down to move electricity around.

vt.铺设

371 pattern [pætən]

This typical sleep pattern is usually referred to as the "night owl(夜猫子)" schedule of sleep.

睡眠模式

372 private [praɪvət]

Only very rich people can afford to buy the expensive private apartments and stay in the hotel.

adj.私人的

373 purchase [pɜ:tʃəs]

When I brought my purchases to the cash desk, I said carefully, "I need to put this on credit."

n.买的东西

374 remove [rɪ'mu:v]

Fear of failure should be removed in competition.

vt.消除

375 secure [sɪ'kjʊə]

We've secured internships (实习) with world-famous firms such as Honda.

vt.获得

376 silent [saɪlənt]

He had talked freely, but now for a long time he had been silent.

adj.寂静的

377 truth [tru:θ]

Stories made interesting fail to fully present the truth.

n.真相

378 announce [ə'naʊns]

The alarm clock announces the start of another busy weekday in the morning.

vt.宣布；广播

379 convince [kən'vins]

This is the most convincing scientific evidence so far that they are indeed different species.

adj.使信服的

380 deliver [dɪ'lɪvə]

When I was a boy in the 1960s, we had a milkman delivering milk to our doorstep.

vt.递送

381 embarrass [ɪm'bærəs]

For years, Margaret felt embarrassed about her problem with music.

adj. 尴尬的

382 flight [flaɪt]

Its mini wings allow it to stay in the air and perform controlled flight tasks.

飞行任务

383 frighten [fraɪtən]

An aggressive bear will usually rush forward to frighten away its enemy.

vt.吓唬

384 hire [haɪə]

She hired some technical experts and started her own company in 2004.

vt.雇用

385 mental [mentəl]

Volunteers should get mentally prepared.

adv.精神上地

386 merely [mɪəli]

Some of the animals were merely injured, but most of them, including the owl, were killed.

adv.仅仅；只不过

387 previous [pri:'viəs]

For previous generations, college was a decisive break from parental control.

adj.以前的

388 rate [reit]

The rate of parental involvement is greater today than it was a generation ago.

n.率；度

389 recover [ri:'kʌvə]

Most people recover from food poisoning after a few days of resting and drinking extra water.

从...中恢复

390 appeal [ə'pi:l]

The famous charity's appeal to aid postwar Greece had been so successful it had been flooded with donations (捐赠物).

n.呼吁

391 block [blɒk]

Do not cover or block your smoke detector(烟雾探测器) in any way.

vt.阻挡

392 data [dɑ:tə]

The internet has made data abundant, all-present and far more valuable.

n.数据，资料

393 direction [daɪ'rekʃən]

They missed the exit and started heading in the wrong direction.

n.方向

394 donate [dəʊ'neɪt]

He was willing to donate his organs(器官).

vt.捐赠

395 electric [ɪ'lektrɪk]

An electric toothbrush senses how long and how well you brush.

电动牙刷

396 lecture [lektʃə]

I didn't want to lecture, but I wanted other diabetics(糖尿病患者) to know that things get better when we're

self-controlled.

v. 说教

397 link [lɪŋk]

BCI is a technology that can link the human brain with computers.

联系...和...

398 pollute [pə'lu:t]

The city's next step was to clean the polluted river.

adj. 受污染的

399 praise [preɪz]

His greatest success was The Great Gatsby, which quick brought him praise from the literary world (文艺界).

n. 赞扬

400 rely [rɪ'laɪ]

If our sense of wonder relies totally on the world of make-believe(虚构), we will fail to appreciate the joy in our lives.

依靠于...

401 select [sɪ'lekt]

Students who are selected as winners will be honored at a special ceremony.

vt. 精选

402 surround [sə'raʊnd]

Make sure the people you surround yourself with are supportive.

vt. 围绕

403 action [ækʃən]

Corrado, a translator for the Army during WWII, was killed in action in Europe.

n. 行动

404 amaze [ə'meɪz]

Many visitors were amazed by the complex architectural space and abundant building types.

adj. 惊喜的

405 apart [ə'pɑ:t]

History gives art works special appeal to set them apart.

区分开

406 attack [ə'tæk]

When the plant is under attack, it sends out certain chemicals.

受到攻击

407 beat [bi:t]

Mom-and-pop(夫妻经营的) carmakers are unlikely to beat the biggest car companies.

vt.打败

408 combine [kəm'baɪn]

Like her mother, Irene combined family and career.

v.(使)联合

409 entertainment [entə'teɪnmənt]

In Britain, we have the tabloid newspapers(八卦小报) which millions of people read simply for entertainment.

n.娱乐

410 exchange [ɪks'tʃeɪndʒ]

I want students to thoroughly study the material and exchange their ideas with each other in the classroom.

vt.交流

411 indeed [ɪn'di:d]

A friend in need is a friend indeed.

adv. 真正地

412 loss [lɒs]

In an effort to prevent language loss, scholars(学者) have been documenting(记录) dying languages and the cultures they reflect.

n.丧失

413 mark [mɑ:k]

The beginning of the media industry in Hilversum was marked by the establishment of a radio factory.

vt.标记

414 method [meθəd]

Everything, from clothes to drinks, was promoted with clever methods such as repetition of the firm's name or product.

n.方法

415 participate [pɑ:'tsɪpert]

They desire to help others, to share information and to participate in achieving common goals.

参加

416 path [pɑ:θ]

It is unwise to expect your child to follow your path.

n.路（人生道路）

417 pleasant [plezənt]

"Have a nice day!" may be a pleasant gesture or a meaningless expression.

adj.令人愉快的

418 pressure [preʃə]

The lack of free school meals for six weeks can result in pressure on a family budget(预算).

n.压力

419 race [reɪs]

Children will build friendships with people, regardless of race or religion.

n.种族

420 specific [spə'sɪfɪk]

If we want e-mail to continue to be useful, we need specific laws that make spamming (发送垃圾邮件) a crime.

adj.具体的

421 throughout [θru:'aʊt]

They make their own bread each morning and then fan the bread smell into the store throughout the day.

prep.贯穿

422 upset [ʌp'set]

Today, a man talked very loud on his phone on a train, making many passengers upset.

adj.心烦的

423 access ['ækses]

Sea Life Melbourne Aquarium provides people in wheelchairs with full access to all 12 zones. Each floor also has wheelchair accessible toilets.

n.通道

424 belief [bɪ'li:f]

One traditional belief about television is that it reduces a child's ability to think and to understand the

world.

n. 观念

425 bill [bɪl]

He handed her three \$ 100 bills.

n. 账单

426 complex [kəm'pleks]

The world is more complex than it seems.

adj. 复杂的

427 conduct [kən'dʌkt]

A fire drill will be conducted in your residence hall(学生宿舍) every semester.

vt. 组织并实施

428 contain [kən'teɪn]

He wrote a sentence containing the best advice I've ever had: Be bold and brave and mighty (强大的) forces will come to your aid.

vt. 包含

429 decline [dɪ'klaɪn]

Even chimpanzee mothers regularly decline to share food with their children.

v. 拒绝

430 delight [dɪ'lait]

Tales From Animal Hospital will delight all fans of the programme.

vt. 使高兴

431 destroy [dɪ'strɔɪ]

Light pollution has destroyed some of the world heritages(遗产).

vt. 毁灭

432 equipment [ɪ'kwɪpmənt]

Companies and individuals donate money to developing countries to buy computer equipment and Internet facilities.

n. 设备

433 honour [ɒnə]

It was named "pasteurization" in his honour, and by about 1900 it had been widely used.

纪念

434 nervous [nɜːvəs]

Her father looked nervous and uncomfortable in front of the cameras.

adj. 紧张的

435 pack [pæk]

However, he showed no signs of accepting the news, refusing to pack his belongings.

vt. 打包

436 persuade [pə'sweɪd]

The main purpose of the passage is to persuade people to buy the product.

vt. 说服

437 pretend [prɪ'tend]

Tom loved to pretend, and he particularly loved to play superheroes.

v. 假扮

438 respond [rɪ'spɒnd]

Receiving a text does not mean you need to respond to it.

回复

439 review [rɪ'vjuː]

Reviews of computer games, books, and videos, written by experts, help parents feel up to the minute(与时俱进).

n. 评论

440 spot [spɒt]

Cowles loves the story and bought it on the spot.

在现场

441 suppose [sə'pəʊz]

The inspections(检查) were supposed to be a surprise, but keeper sometimes had advance notice.

应该

442 valuable [væljʊəbəl]

Electronic devices contain valuable metals such as gold and silver.

adj. 贵重的

443 associate [ə'səʊsiət]

Most positive emotions are associated with approach behaviour: we move closer to people we like.

与.....相联系

444 balance [bæləns]

The key is to develop a balanced and varied program that's fun as well as progressive.

adj. 平衡的

445 convenient [kən'vi:niənt]

Bicycles are still popular in China today because they are convenient and inexpensive.

adj. 便利的

446 entire [ɪn'taɪə]

On April 22, 2011, we decided to go green every single day for an entire year.

adj. 整个的

447 escape [ɪ'skeɪp]

A lunchtime escape allows her to keep a boss from tapping her on the shoulder.

n. 逃脱

448 examine [ɪg'zæmɪn]

The dentist can examine our teeth to check that they are growing in the right way.

vt. 检查

449 function [fʌŋkʃən]

A war injury has made his left hand stop functioning.

vi. 起作用

450 insist [ɪn'sɪst]

Papa insisted that we learn at least one new thing each day.

v. 执意要求

451 motivation [məʊtɪ'veɪʃən]

With high motivation and enthusiasm, we can keep on learning.

n. 积极性

452 post [pəʊst]

Users of social media should think carefully before posting anything onto such websites.

vt. 张贴

453 stage [steɪdʒ]

Many excellent Chinese architects are making great efforts to take the center stage.

n. 舞台

454 stick [stɪk]

The little baby whale was obviously stuck and could not move.

adj. 卡住的

455 character [kæɹɪktə]

By opening a novel, I can leave behind my burdens and enter into a wonderful and mysterious world where I am now a new character.

n. 角色

456 degree [dɪ'ɡri:]

Humans are no different from animals to some degree.

在某种程度上

457 department [dɪ'pɑ:tment]

I had to wait until someone from the IT department came to fix it.

n. 部门

458 exhibition [eksɪ'biʃən]

Big sporting events, concerts and exhibitions can increase the cost of accommodation and make it harder to find a room.

n. 展览会

459 extra [ekstrə]

Each week I eagerly counted my growing saving increased by extra work here and there.

adj. 额外的

460 profit [prɒfɪt]

The promoters usually just care about profits.

n. 利润

461 separate [sepəreɪt]

Reading and writing cannot be completely separated from each other.

v. 分开

462 subject [sʌbdʒɪkt]

Finances are the most frequent subject of communication between parents and their college children.

n. 主题

463 variety [və'raɪəti]

The variety of food at the restaurant is limited, but the amount of each dish is fairly large.

n. 多样性

464 colleague ['kɒli:g]

Once your basic needs are met, money only seems to increase happiness if you have more than your friends, neighbors and colleagues.

n.同事

465 due [dju:]

The loss of glaciers(冰川) there due to global warming represents an enormous threat(威胁) to agriculture.

由于

466 focus [fəʊkəs]

When everyone else in the class was focusing on tasks, I could not.

关注

467 indicate [ɪndɪkeɪt]

Previous studies have also indicated that milk can be excellent for helping sleep.

vt.表明

468 request [rɪ'kwest]

It would never have occurred to us to deny Papa a request.

n.请求

469 website [websaɪt]

Tabloids(八卦小报) of the 1920s and 1930s ran articles about film-stars in much the same way that modern tabloids and websites do.

n.网站

470 conclude [kən'klu:d]

Researchers concluded that the French tend to stop eating when they feel full.

vt.总结

471 consume [kən'sju:m]

These animals consumed large amounts of vegetation (植被), which reduced plant diversity(多样性) in the park.

vt. 消耗

472 fix [fɪks]

Keep both eyes fixed on the sink until it's full.

adj. 固定的

473 fortunate [fɔ:tʃənət]

Most of the world's great religions(宗教) order us to be open-hearted and share what we have with those less fortunate than ourselves.

adj.幸运的

474 frequent [fri:kwənt]

Soon it was frequent use, until, finally, addiction.

adj.经常的

475 per [pə]

If you have the feeling that 24 hours per day are not enough for all the things you need to do, then it's not because the day has too few hours, but because you have too many activities.

prep.每

476 recommend [rekə'mend]

I heartily recommend TV Ears to people with normal hearing as well as those with hearing loss.

vt.推荐

477 sort[sɔ:t]

Perri admits that she can't sort out all the mess in the households, even though she knows it drives her mother crazy.

分类

478 struggle[strʌgl]

Most of his adult life has been a losing struggle against debt and misfortune.

n.挣扎

479 volunteer [vɒlən'tiə]

People volunteer to express personal values related to unselfishness, to expand their range of experiences, and to strengthen social relationships.

v.自愿做

480 willing [wɪlɪŋ]

If we are willing to learn, the opportunities are everywhere.

愿意做

481 account [ə'kaʊnt]

This book also gives an account of the lives of lesser-known individuals.

描述

482 attempt [ə'tempt]

Walking on water hasn't become a reality probably because humans are afraid to make an attempt.

尝试

483 blame [bleɪm]

There is nobody to blame but yourself.

vt.责备

484 cheer [tʃɪə]

The author was cheered up by a warm welcome.

使高兴

485 curious [kjʊəriəs]

In high school, I became curious about the computer, and built my first website.

adj.好奇的

486 disease [diˈziːz]

Simple improvements to infrastructure (基础设施) can reduce the spread of disease.

n.病

487 gradual [grædʒuəl]

To succeed in life, one first needs to set a goal and then gradually make it more practical.

adv.逐渐地

488 handle [hændəl]

Creators handle ups and downs of life wisely.

v.处理

489 particular [pə'tɪkjʊlə]

Chocolate snobs refer to people who are particular about chocolate.

对.....挑剔

490 progress [prəʊ'gres]

Whatever change is happening today is the result of great technological progress.

n.进步

491 rare [reə]

People like something rare.

adj.罕见的

492 shake [ʃeɪk]

The evening walk was a time to shake off the day's upsets.

v. 摆脱

493 terrible [terəbəl]

A terrible sorrow washed over me.

adj.非常严重的

494 addition [ə'dɪʃən]

Our café offers a complete menu of lunch and snack options, in addition to seasonal specials.

除.....外

495 equal [i:kwəl]

Not all hotels are equal, of course, and it's a good idea to consult(查阅) a guidebook with a good reputation.

adj. 一样水平的

496 familiar [fə'mɪliə]

Once familiar with each other's presence and body language, cats and dogs can play together.

adj.熟悉的

497 harm [hɑ:m]

Electronic reading may do harm to children's health.

对.....造成危害

498 interview [ɪntəvju:]

After countless interviews and presentations, I managed to stand out among the candidates(候选人) and survive the test alone.

n.面试

499 neighbour [neɪbə]

We had lived in a friendly village with good neighbours.

n.邻居

500 predict [prɪ'dɪkt]

It's hard to predict when driverless cars will be everywhere on our roads.

vt.预言

501 regret [rɪ'gret]

When she hung up, she regretted the way she had handled the call.

vt.遗憾

502 reward [rɪ'wɔ:d]

Good is rewarded with good.

vt. 报答

503 track [træk]

The phenomenon(现象) of tracking celebrities has been around for ages.

vt. 追踪

504 worth [wɜ:θ]

The coin is of high quality and worth collecting.

adj. 值得.....的

505 decade [dekeɪd]

Global warming will continue for some decades after CO2 emission(排放) peak.

几十年

506 earn [ɜ:n]

For many years, the majority of Irish people earned their living as farmers.

vt. 挣得

507 evidence [eɪdəns]

There's plenty of evidence that fatness runs in families.

n. 证据

508 object [əb'dʒekt]

The angrier we are, the more likely we are to move towards the object of our anger.

n. 目标

509 organization [ɔ:gənaɪ'zeɪʃən]

His not-for-profit organization runs 100 river boats that serve as floating(漂浮的) libraries and schools.

n. 组织

510 regard [rɪ'gɑ:d]

Today all three generations regard the move as a success.

把.....看作

511 standard [stændəd]

A standard double room at the Thistle Brighton cost £169.15 at Booking.com.

adj. 标准的

512 strength [streŋθ]

He gathered up all his strength and decided to attend a job interview.

n.力量

513 various [veəriəs]

TV Ears has helped thousands of people with various degrees of hearing loss.

adj.各种各样的

514 devote [dɪ'vəʊt]

The emotional, physical and mental energy mothers devote to their children can be never-ending.

vt.投入

515 independent [ɪndɪ'pendənt]

The use of technology in the classroom may keep students from doing independent thinking.

adj.独立的

516 model [mɒdəl]

When I was a little girl, I would often accompany you as you modeled for fashion photographers.

v. 模仿

517 occur [ə'kɜ:]

Cultural differences occur wherever you go.

vi.发生

518 perfect [pɜ:'fɪkt]

The curves(曲线) of the buildings perfectly match the rise and fall of hills, forming a unique view.

adv. 完美地

519 reply [rɪ'plaɪ]

A paper without a signature may not get a reply.

n.回答

520 traditional [trə'dɪʃənəl]

May Day is a traditional day for celebrations.

adj.传统的

521 quit [kwɪt]

She decided to look after her grandma and quit school in her second year of college.

退学

522 agent [eɪdʒənt]

There are also rules which deal with the standard of services you get — from, say, travel agents, shoe

repairers, hairdressers and builders.

旅行社代理人

523 apology [ə'pɒlədʒi]

Luskin advises us not to wait for an apology after being hurt because people seldom want to apologize.

n.道歉

524 appropriate [ə'prəʊpriət]

We do know people worry a lot about the inappropriate use of their information.

adj. 不当的

525 ban [bæn]

Many cities with bans still allow shoppers to purchase paper bags.

n.禁令

526 bare [beə]

Our ancestors farmed with bare hands and often lived close to hunger.

徒手

527 beg [beg]

A rather dirty, poorly dressed person kneels at your feet and puts out his hands to beg for a few coins.

乞讨

528 circumstance [sɜ:kəmstəns]

Whatever our circumstances, we generally still have dreams, hopes and desires.

n.具体事件的情况

529 command [kə'mɑ:nd]

Leadership means power, commands respect and, most important, encourages achievement.

vt.博得

530 crossing [krosɪŋ]

At one point along an open road, I came to a crossing with a traffic light.

n.十字路口

531 decrease [dɪ'kri:s]

After World War II, the population of most large American cities decreased.

vi.减少

532 destination [destɪ'neɪʃən]

I stopped a taxi in Kuala Lumpur and stated my destination.

n.目的地

533 disability [dɪsə'bɪləti]

People who were too optimistic about their future actually faced greater risk of disability or death within 10 years.

n.残疾

534 disagree [dɪsə'gri:]

Some people say that Man is naturally a hunter. I disagree with this view.

不同意

535 distinguish [dɪ'stɪŋɡwɪ]

It provides sound methods for distinguishing good from bad reasoning.

vt.区分

536 editor [edɪtə]

Prof. James Murray served as editor for what was to be the most ambitious dictionary in the history of the English language.

n.编辑

537 energetic [enə'dʒetɪk]

In order to stay energetic, sitting workers need to enjoy their work.

adj.精力旺盛的

538 essay [eseɪ]

Years ago, I was asked to write 102 essays on the great ideas of some famous authors.

n.文章

539 fantastic [fæn'tæstɪk]

All that sunlight was fantastic for Mom's vegetable garden.

adj.极好的

540 female [fi:meɪl]

For emotional support a married woman is more likely to turn to a female friend.

adj.女的

541 folk [fəʊk]

What I can say for the folks that gave the most is that they were full of smiles.

n.人们

542 forgive [fə'gɪv]

To forgive is a virtue, but no one has ever said it is easy.

vt.原谅

543 harvest ['hɑ:vɪst]

Later-borns can harvest lessons from bigger brothers and sisters.

vt 收获

544 initial [ɪ'nɪʃəl]

Once the initial attention dies down, consumer interest might fade(褪去), loyalty (忠诚) returning to tried-and-true(靠得住的) labels.

adj.最初的

545 majority [mə'dʒɒrəti]

We must make it safe to express opinions and challenge majority views.

n.大多数

546 negotiate [nɪ'gəʊʃieɪt]

There's more negotiation and discussion between parents and children.

n. 谈判

547 overlook [əʊvə'lʊk]

We tend to blame TV, overlooking our own roles in shaping children's minds.

vt.忽视

548 plus [plʌs]

The rewards are wonderful: £150,000 in prize for schools—plus new experiences, an opportunity to make friends throughout Europe!

prep.加上

549 pure [pjʊə]

In fact, fatigue(疲惫) of purely physical origin is rare.

adv. 纯粹地

550 quarter [kwɔ:tə]

Yet three-quarters of the single women had no problem naming a best friend.

四分之三

551 ridiculous [rɪ'dɪkjʊləs]

When they say something silly or do something ridiculous, there is always the Internet to spread the news in minutes.

adj. 可笑的

552 scholar [skɒlə]

Today, scholars have generated(产出) large amounts of instructive research about restaurants.

n. 学者

553 secretary [sekɹətri]

Edmonds entered the world of politics first as news secretary for a congressman(国会议员).

n. 秘书

554 sex [seks]

Conversations on subjects such as sex and drugs would not have taken place a generation ago.

n. 性

555 shade [ʃeɪd]

St. Peter's Memorial Park has lot of trees with plenty of shade.

n. 树荫

556 shame [ʃeɪm]

You freeze in horrors and burn with shame.

n. 羞愧

557 skip [skɪp]

Find something, dive into it, take the good parts and skip the bad parts.

v. 跳过

558 spare [speə]

Neighbors devoted their spare time to helping others rebuild.

adj. 空闲的

559 spiritual [ˈspɪrɪtʃuəl]

The walk provided her with spiritual comfort.

adj. 精神的

560 steady [ˈstedi]

If two deaf people are walking together, they protect each other by paying steady attention to the other.

adj. 持续的

561 tight [taɪt]

When arriving at the airport in Britain, Christine was shocked by the tight security.

adj. 严格的

562 whisper [wɪspə]

Something in the human soul whispers that you can beat these traps by making the right choice.

v.私语

563 witness [wɪtnəs]

Italy has witnessed a sharp increase in immigration in recent years.

vt.见证

564 abundant [ə'bʌndənt]

That is no small task, but it offers abundant new chances for sustainable(可持续的) product industries.

adj.丰富的

565 acknowledge [ək'nɒlɪdʒ]

It is a truth universally acknowledged that a single woman with brains deserves to have equal opportunities to men.

vt.承认

566 affair [ə'feə]

What began as nothing important in public affairs has grown into a social movement.

n.事务

567 apologize [ə'pɒlədʒaɪz]

If you wait for people to apologize, you could be waiting a very long time.

vi.道歉

568 appoint [ə'pɔɪnt]

An artist was appointed to build a snowman in his mansion's(宅邸) courtyard.

vt.任命

569 awake [ə'weɪk]

A book helps to awake our emotions.

vt.唤醒

570 awkward [ɔ:kwəd]

Every traveler to a foreign country feels awkward at some point.

adj.尴尬的

571 belt [belt]

Never forget to wear the safety belt while driving.

安全带

572 burden [bɜːdən]

The more fat you take in before bedtime, the greater burden you will put on your body at night.

n.负担

573 bury [beri]

She planned to bury the secret in her heart until her death.

vt.埋

574 cancel [kænsəl]

The subscription(订阅) can be cancelled within 28 days and you can get your money back.

vt.取消

575 chief [tʃiːf]

His chief assistant and co-workers quarreled with him and left with many expensive tools.

adj.主要的

576 companion [kəm'pænjən]

Those two books were my companions by day, and under my pillow at night.

n.同伴

577 constant [kɒnstənt]

Thus humans who lived a million years ago lived in constant fear of meat-eating animals.

adj. 经常的

578 creature[kri:tʃə]

Like most other creatures, we human beings also need darkness.

n.生物

579 cruel [kruːəl]

The stepsisters were cruel: they always threw Cinderella's food into the ashes of the fire.

adj.残忍的

580 diet [daɪət]

Only then did she kick her three-pack-a-day cigarette habit and begin to follow a balanced diet.

n.膳食

581 differ [dɪfə]

The specific expression of anger also differs from person to person.

vi.相异

582 discount [dɪskaʊnt]

Short-term students at QUT cannot use their ID cards to gain a discount fare(交通费) on BCC public transport.

n.折扣

583 dive [daɪv]

Off his bike and into the cool water he dived, disappearing below the surface.

vi. 潜

584 envy [envi]

Welcome to one of the largest collections of footwear (鞋类) in the world that will make you green with envy.

非常嫉妒的

585 equip [ɪ'kwɪp]

The floors of all campus buildings are equipped with manual (手动的) fire alarm systems.

装备有

586 fault [fɔ:lt]

Try not to find fault with your friends.

找茬

587 fierce [fɪəs]

Competition between small and big farms is fierce.

adj.激烈的

588 gym [dʒɪm]

Champions aren't made in gyms. Champions are made from something they have deep inside them.

n. 健身房

589 legal [li:gəl]

FDA can take legal action, including seizure (查封) of the product. adj.合法的

590 package [pækɪdʒ]

In many supermarkets nowadays food items are packaged twice with plastic and cardboard.

vt. 包装

591 pour [pɔ:]

Every morning at Dixie Heights High school, customers pour into a special experiment.

涌入

592 revolution [revə'lu:ʃən]

Over the past two centuries, the Industrial Revolution has broken this balance between the city and the country.

工业革命

593 shot [ʃɒt]

I hated dinner parties. But I decided to give them another shot because I'm in London.

n. 尝试

594 superior [suˈpiəriə]

He believed that the superior class should rule the inferior (下层的) classes.

上层阶级

595 transform [træns'fɔ:m]

Modernization has rapidly transformed how people live and where they live.

vt. 使改变

596 violent [vaɪələnt]

Quite a few violent accidents happened in Thailand before the latest one.

adj. 暴力的

597 withdraw [wɪð'drɔ:]

Successful people all have their own places where they can withdraw in order to work.

v. 撤回

598 worthwhile [wɜ:θ'waɪl]

The sacrifices mothers make are huge but worthwhile.

adj. 值得花时间精力的

599 absent ['æbsənt]

Now all that was needed were the parents, but they were absent.

adj. 缺席的

600 absolute [æbsə'lu:t]

Governments ruled with absolute power.

adj. 绝对的

601 administration [ədmiːnɪ'streɪʃən]

He was a professor of business administration.

n. 管理部门

602 alcohol [ælkəhɒl]

While his wife was in hospital in the United States, he got totally addicted to alcohol.

n. 酒

603 annual [ænjuəl]

Sports day is still an annual event in this school probably because it is a tradition of the school.

adj. 年度的

604 artificial [ɑ:tɪ'fɪʃəl]

In the past, without the artificial light of the city to bathe in, humans went to sleep when it became dark.

adj. 人造的

605 barrier [bæriə]

Age is no barrier for fashion fans.

n. 障碍

606 bite [baɪt]

Hungry deer can be a danger and have kicked and bitten visitors at Grand Canyon.

vt. 咬

607 brief [bri:f]

Riding in elevators tends to be a brief, boring, and even awkward experience.

adj. 简洁的

608 brilliant ['brɪliənt]

Paul Zindel's death on March 27, 2003 ended the brilliant life of a famous writer.

adj. 精彩的

609 chat [tʃæt]

Chatting online may be better than watching television, but it's worse than hanging out (闲逛) with real friends.

vi. 聊天

610 contrary ['kɒntrəri]

Mr. Lomborg's book goes largely unchallenged in the media though his beliefs were contrary to most scientific opinions.

adj. 相反的

611 crash [kræʃ]

Foreign vehicles are 30 percent more likely to be in a crash than British-registered vehicles.

n. 撞车

612 disadvantage [dɪsəd'vɑ:ntɪdʒ]

The disadvantages of new technology outweigh its advantages.

n.劣势

613 employ [ɪm'plɔɪ]

The University of Adelaide employs a full-time staff of fire prevention professionals(消防专业人员).

vt.雇佣

614 float [fləʊt]

Don't use floating toys on the water. Wind can easily sweep them out to sea.

adj. 漂浮的

615 furniture [fɜ:nɪtʃə]

Furniture with rounded edges could help visitors relax.

n.家具

616 injury [ɪndʒəri]

Continuing to exercise could lead to serious injury.

n.伤害

617 intention [ɪn'tenʃən]

When it first introduced scent into its stores, customers' intention to purchase increased by 80 percent.

n.意图

618 magic [mædʒɪk]

Newton stood at the point in history where magic ended and science began.

n.魔法

619 pace [peɪsi]

Sontag kept pace with the newest development of world culture.

与时俱进

620 plastic [plæstɪk]

Humans produce more than 300 million tons of plastic every year.

n.塑料

621 possibility [pɒsə'bɪləti]

I suppose early retirement(退休) is a possibility.

n.可能的事

622 precious [preʃəs]

Together they compare thoughts on bringing up children and enjoy precious memories.

adj. 珍贵的

623 quarrel [kwɒrəl]

The first no-win situation is quarrels over unimportant things.

n. 吵架

624 rank [ræŋk]

People avoid disagreeing outright(直率) with someone with a higher rank.

n. 职衔

625 rough [rʌf]

She found writing helped her get through the rough days.

adj. 艰苦的

626 suspect [sʌspekt]

Even if you suspect it, think very carefully before you tell people.

vt. 怀疑

627 tale [teɪl]

Listening to a tale being told in the dark is one of the most ancient of man's entertainments.

n. 故事

628 thankful [θæŋkfəl]

I feel thankful that Mrs. Jones figured it out before I made a mistake.

adj. 感谢的

629 thrill [θrɪl]

Life is a matter of thrills.

n. 刺激 (的事)

630 tolerate [toləreɪt]

Physical expressions of anger are generally considered too socially harmful to be tolerated.

vt. 忍受

631 unbelievable [ˌʌnbɪˈli:vəbəl]

Her achievements are unbelievable: 390 million copies of books in print.

adj. 难以置信的

632 abroad [əˈbrɔ:d]

The containers are often filled in faraway lands, then shipped from abroad, and stored in refrigerators at

your local store.

adv.国外

633 aggressive [ə'ɡresɪv]

Another misunderstanding is that greyhounds(灰狗) must be aggressive because they are big in size.

adj.好斗的

634 bar [bɑ:]

She could end up behind bars unless she can control the desire to steal from shops.

n. 监狱

635 beneficial [benɪ'fɪʃəl]

Forgiveness can be surprisingly beneficial to your physical and mental health.

adj.有益的

636 burst [bɜ:st]

She just gets mad or bursts into tears.

突然哭起来

637 challenging [ˈtʃælɪŋ(d)ʒɪŋ]

People tend to make mistakes when they perform several challenging tasks at a time.

adj.具有挑战性的

638 construct [kənstrʌkt]

We construct ourselves through behavior.

vt.塑造

639 drag [dræg]

She watched the train drag her car almost a kilometre down the railway tracks.

vt.拖

640 enthusiastic [ɪnθju:zi'æstɪk]

Being a regular and enthusiastic reader is of great advantage.

adj.热情的

641 freeze [fri:z]

I tried to work it out, but I had brain freeze and couldn't function.

vi.冰冻

642 fuel [ˈfju:əl]

Research suggests warm colors fuel our appetites(食欲).

vt. 激发

643 guilty [ˈɡɪltɪ]

We may feel terribly guilty when we take time to rest.

adj. 内疚的

644 host [həʊst]

Big meals were only hosted on special occasions as people were more careful with money.

vt. 主办

645 invitation [ɪnvɪ'teɪʃən]

In spite of many invitations, he would always decline to visit Oxford.

n. 邀请

646 metal [metəl]

Electronic wastes also contain many poisonous(有毒的) metals.

n. 金属

647 occupy [ˈɒkjupaɪ]

You can imagine how fully occupied I became, raising four boys under the age of 8!

adj. 忙碌的

648 phenomenon [fə'nɒmɪnən]

This phenomenon is commonly known as "Empty Nest Syndrome" (空巢综合症).

n. 现象

649 punish [pʌnɪʃ]

One of the most damaging things a parent could do was to punish their children for poor marks.

vt. 惩罚

650 slip [slɪp]

A smile slipped out from his lips.

从.....露出

651 trick [trɪk]

Ben did not rush to help Mrs. Taylor because he thought that she could be tricking them.

vt. 骗

652 victory [vɪktəri]

She invited me to the one-and-only steak house in the area to celebrate her victory.

n. 胜利

653 admission [əd'mɪʃən]

Every student can gain admission to one of the four sports.

n. 进入许可

654 alarm [ə'lɑ:m]

These chemicals come from the injured parts of the plant and seem to be an alarm.

n. 警报

655 alternative [ɔ:l'tɜ:nətɪv]

A tough, low-cost, biodegradable (可生物降解的) material someday could provide a more environmentally friendly alternative to plastic.

n. 供替代的选择

656 automatic [ɔ:tə'mætɪk]

Cars will be able to drive automatically.

adv. 自动地

657 bathe [beɪð]

In the past, without the artificial light of the city to bathe in, humans went to sleep when it became dark.

vt. 沐浴 (以尤为柔和、令人愉悦的光线覆盖)

658 battle [bætl]

When I started running in my 30s, I realized running was a battle against myself.

n. 斗争

659 campaign [kæm'peɪn]

A public-health campaign has greatly reduced the number of heart disease deaths by 80 per cent.

n. 社会运动

660 casual [kæʒuəl]

Then he would casually shoot the ball with either hand to the delight of the fans.

adv. 随意

661 ceremony [serə'məni]

Hundreds of animal lovers attended the completion ceremony of the new bridge.

n. 仪式

662 consult [kən'sʌlt]

I consulted with a physician.

vt. 咨询

663 convey [kən'veɪ]

Graphs can be a very useful tool for conveying information, especially numbers, percentages, and other data.

vt. 传达

664 decorate [dekə'reɪt]

It's such a happy-looking library, painted yellow and decorated with palm-tree stickers.

vt. 装饰

665 desert ['dezət]

The police found his wallet on a deserted beach.

adj. 荒芜的

666 enjoyable [ɪn'dʒɔɪəbəl]

We need to change the way we teach engineering to make it an enjoyable experience for students.

adj. 令人愉快的

667 entrance [entrəns]

Tickets to Sea Life Melbourne Aquarium are checked at the entrance.

n. 入口

668 expense [ɪk'spens]

Creating a budget can help you deal with your expenses and plan for the future.

n. 花费

669 flow [fləʊ]

Cell phones and e-mail speed up the information flow.

信息流

670 identity [aɪ'dentɪti]

Lacking a mirror image in the mother, I had to seek my identity as a woman on my own.

n. 身份

671 male [meɪl]

The tango was often danced by two males in the beginning.

n. 男子

672 menu [menju:]

Without even seeing the menu, I knew I'd be ordering every tomato on it.

n. 菜单

673 optional [ɒpʃənəl]

The program would be optional for cell phone users.

adj. 可选择的

674 parking [pɑ:kɪŋ]

They set the empty vehicle to circle the building to avoid paying for parking.

n. 停车

675 section [sekʃən]

A famous store uses coconut (椰子) scent in the swimsuit section.

n. 部门

676 senior [si:niə]

I completed the senior course of Computer Basics, plus five relevant pre-college courses.

adj. 高级的

677 trap [træp]

Hunters trapped, shot and poisoned more than a million coyotes(丛林狼) in the 1900s.

vt. 设陷阱捕捉

678 treasure [treʒə]

My suggestion: Consider friendship an honor and a gift, and worth the effort to treasure and nurture (培养).

vt. 珍惜

679 victim [vɪktɪm]

Snake-like robots slide through fallen buildings in search of victims trapped after natural disasters or other emergencies.

n. 受害者

680 wheel [wi:l]

Very soon, bright lights were turned on and the big movie-camera was wheeled into position.

vt. 转动

681 accurate [ækjʊrət]

As you work on expressing your ideas in clear, accurate language, you will improve your ability to think clearly and accurately.

adj. 准确的

682 adjust [ə'dʒʌst]

A man-made tail is created for Grace to adjust her way of swimming.

vt. 调整

683 agency [eɪdʒənsi]

If you apply for this position, you should ask an agency for an application form.

n. 代理

684 application [ˌæplɪ'keɪʃ(ə)n]

The techniques may have medical applications which can improve the length or quality of our lives.

n. 应用

685 blank [blæŋk]

It had also given me a paper, either to leave that page blank or to keep writing the story with hope.

adj. 空的

686 breathe [briːð]

When we first hit the air, the wind was so strong that I could hardly breathe.

vi. 呼吸

687 chemical [kɪmɪkəl]

Some chemicals can also cause food poisoning.

n. 化学品

688 commit [kə'mɪt]

The most awkward email mistake is usually committed in anger.

vt. 犯.....

The country is committed to meeting EU targets for non-carbon energy generation.

致力于

689 considerate [kən'sɪdərət]

His loving and selfless nature has inspired me to become more sympathetic and considerate putting others first.

adj. 体贴的

690 credit [kredɪt]

Giving public credit to someone who has earned it is the best leadership technique in the world.

n. 赞扬

691 dare [deə]

Students are being dared to draw a picture, write an article or take a photo that shows what they are

curious about.

v. 敢

692 distribute [dɪ'strɪbjʊ:t]

The UNO could set up a body of devoted men and women who can speedily distribute aid to victims of floods and earthquakes.

vt. 分发

693 electronic [elek'trɒnɪk]

Young people juggle an ever larger number of electronic devices as they study.

电子装置

694 fiction [fɪkʃən]

Many works of fiction appeared without the names of the authors.

n. 虚构

695 fond [fɒnd]

Man has been fond of traveling rather than staying in one place.

喜爱

696 harmony [hɑ:məni]

The harmony between man and nature is important.

n. 和谐

697 obey [ə'beɪ]

Through playing hide-and-seek, children are expected to learn to obey the basic rules.

vt. 遵守

698 react [ri'ækt]

I had seen how people reacted to AIDS. Kids laughed at classmates who had parents with the disease.

对.....做出反应

699 register [redʒɪstə]

You'll be given a special offer if you register now.

vi. 注册

700 remark [rɪ'mɑ:k]

As we flew home over Britain, both of us remarked how green everything looked.

vt. 评论

701 reputation [repju'teɪʃən]

They have a reputation for providing a great riding experience.

因.....而出名

702 silly [ˈsɪli]

If you think you're silly because you aren't good at math, find a tutor.

adj.愚蠢的

703 square [skweə]

Babies paid more attention to squares moving randomly on a screen.

n. 方形物

704 suffering [ˈsʌfərɪŋ]

Music is an important way we express human suffering, celebration, the meaning and value of peace and love. n. 苦难

705 update [ʌp'det]

I'd run into former students who would provide updates on old classmates.

n. 更新信息

706 wealth [welθ]

Europeans see a piggy bank as a sign of good fortune and wealth.

n.财富

707 academic [ækə'demɪk]

Topping the class academically was certainly an advantage.

adv. 学术上

708 accomplish [ə'kʌmplɪʃ]

If you have something you want to accomplish, take immediate action.

vt.完成

709 adopt [ə'dɒpt]

Think about an actionable habit that you could adopt and stick to, like a family movie night every Wednesday.

vt. 采纳

710 ashamed [ə'ʃeɪmd]

When I was growing up in America, I was ashamed of my mother's Chinese English.

因.....而羞耻

711 assume [ə'sju:m]

Don't assume it is OK to be rude if the person you're in touch with won't recognize you.

vt.想当然认为

712 behave [br'heɪv]

Often these adults behave aggressively themselves, sending children the message that winning is everything.

vi.表现

713 declare [dɪ'kleə]

Some scientists declare that most of our fatigue(疲惫) comes from our mental and emotional attitudes.

vt.宣称

714 desperate [despə'reɪt]

I was sent to the village that was small and desperately in need of proper accommodation.

adv.极其地

715 discourage [dɪs'kʌrɪdʒ]

Tired and discouraged, he finally gave up.

adj. 气馁的

716 diverse [daɪ'vɜ:s]

Mari starts changing her life and discovers a world of diverse "night people" who are hiding secrets.

adj.各种各样的

717 dull [dʌl]

I loved working with books, although the job that I did was dull.

adj. 单调无味的

718 expand [ɪk'spænd]

As their world expanded, children compared themselves to others online.

vi. 扩大

719 fee [fi:]

The Centre also runs two life drawing classes for which there is a small fee.

n.费用

720 fortune [fɔ:tʃən]

The discovery brought fame and fortune to scientists James Watson, Francis crick, and Maurice Wilkins.

n.财富

721 generation [dʒenə'reɪʃən]

This generation of parents is much more likely than parents of 30 years ago to treat their children as friends.

n.代

722 obtain [əb'teɪn]

A build-it-yourself solar still (蒸馏器) is one of the best ways to obtain drinking water.

vt. 获得

723 optimistic [ɒptɪ'mɪstɪk]

It was a challenging time for everyone, but dad remained optimistic.

adj.乐观的

724 plain [pleɪn]

The rich ideas in our minds seem very thin and plain when first written down.

adj. 平常的

725 principle [prɪnsəpəl]

Sometimes standards change, and it is unclear which principle should apply.

n.原则

726 properly [prɒpəli]

If your smoke detector is working properly, the red light should be on.

adv.适当地

727 reject [rɪ'dʒekt]

If you order that, we reserve the right to either accept or reject order requests at the discounted price.

vt.拒绝

728 ruin [ruːn]

Don't let negativity(消极性) ruin your motivation.

vt.使毁灭

729 shoulder [ˈəʊldə]

Many of today's students and are not shouldered with adult responsibilities.

承担

730 somehow [sʌmhau]

A baby's play is somehow similar to a scientist's experiment.

adv.不知怎的

731 stomach [stʌmək]

That morning, my 11-year-old had stomach pains, retching(干呕) into a bowl.

n.胃

732 symbol [ˈsɪmbəl]

Sharing bread, whether during a special occasion or at the family dinner table, is a common symbol of togetherness.

n. 象征

733 sympathy [ˈsɪmpəθi]

All of a sudden, a warm feeling of sympathy rose up in my heart.

n.同情

734 weakness [wiːknəs]

They know they have their weaknesses, yet they don't blame themselves when they fail.

n.弱点

735 weigh [weɪ]

When risk-taking can pay off big, men may tend to do better; when caution weighs more, however, women will win.

vi. 重要

736 wisdom [ˈwɪzdəm]

The literal(字面上的) meaning of philosophy(哲学) is "love of wisdom".

n.智慧

737 accompany [əˈkʌmpəni]

Three teachers will accompany the students, and a hiking instructor will accompany each group of 15 hikers.

vt.陪伴

738 advertisement [ədˈvɜːtɪsmənt]

Advertisements repeatedly sell the idea.

n.广告

739 attach [əˈtætʃ]

Status(地位) is the honor or respect attached to a person's position in society.

依附于

740 bear [beə]

We learn to bear with the things we can't change.

vt. 忍受

741 classic [klæsɪk]

Williams was impressed with Benjamin and gave him two classic books on painting to take home.

adj. 经典的

742 evaluate [ɪ'væljuet]

A committee of teachers will evaluate materials and give opinions.

vt. 评估

743 expose [ɪk'spəuz]

The more birds are exposed to light, the more active they are at night.

暴露于

744 flexible [fleksəbəl]

Technology is flexible. There is no fixed way of making use of it.

adj. 灵活的

745 injure [ɪndʒə]

By now paramedics (救援人员) had arrived, and were attending the injured woman.

adj. 受伤的

746 meanwhile [mi:nwaɪl]

Tracy took photos of the dog. Meanwhile, Ann went to the dollar store and bought some pet supplies.

adv. 同时

747 misunderstand [mɪsʌndə'stænd]

There is generally a misunderstanding among the Chinese that westerners are usually open and straightforward.

n. 误解

748 nor [nɔ:]

It's not easy being a teenager — nor is it easy being the parent of a teenager.

conj. 也不

749 pity [pɪtɪ]

I just felt great pity for those children in tears or in pain.

n. 同情

750 plenty [plenti]

I had plenty of evidence to support me.

足够

751 press [pres]

A lot of our news is actually collected from press releases(发行) and reports of events intentionally staged(策划) for journalists.

n. 新闻

752 recycle [ri:'saɪkəl]

It won't be long before you'll have to recycle your rubbish.

vt. 再利用

753 remote [rɪ'məʊt]

However, because it was very remote, Nauru had little communication with Europeans at first.

adj. 遥远的

754 scene [si:n]

You can think of something that gives you pleasure: a beautiful scene in nature, or someone you love.

n. 景象

755 status [stetəs]

Dollars buy status, and status makes people feel better.

n. 社会地位

756 vacation [və'keɪʃən]

Fifteen years ago, I took a summer vacation in Lecce in southern Italy.

n. 假期

757 aid [eɪd]

Holker once again opens its gardens in aid of the disadvantaged.

援助

758 atmosphere [ætməsfɪə]

His appearance created an atmosphere of tension.

n. 氛围

759 calculate [kælkjuleɪt]

Mothers' devotion to children can hardly be calculated.

vt. 计算

760 coach [kəʊtʃ]

Her wish is to coach young athletes for Beijing 2008 Olympic Games.

vt. 训练

761 debate [dɪ'beɪt]

The findings add heat to an already fierce political debate over childhood obesity.

n. 争论

762 dozen [dʌzən]

Within minutes I had half a dozen people pushing under my nose, each wanting to be the first served.

六个

763 faith [feɪθ]

We put our faith in digital devices but our digital helpers are too often not up to the job.

n. 信任

764 guarantee [gə'ren'ti:]

The new law passed in Rome will guarantee better conditions for goldfish.

vt. 保证

765 hang [hæŋ]

Hang out with people that make you feel good about yourself.

闲逛

766 interrupt [ɪntə'rʌpt]

Unhappy for being interrupted, she said, "There is nothing you can do. Go back to sleep."

vt. 打断

767 mass [mæs]

Customers gain from the lower prices which are made possible by mass production.

adj. 大量的

768 reasonable [ri:'zənəbəl]

You ought to be able to make better-informed, more reasonable decisions.

adj. 合乎情理的

769 shelter ['ʃeltə]

I was wrapped heavily and well sheltered from the freezing and blowing weather.

vt. 保护

770 tiny [taɪni]

The flying robot with these tiny components(组件) can be built and manufactured(生产).

adj. 极小的

771 translate [ˈtrænsˈleɪt]

They translate life into exciting dramas that teach children some of the basic rules.

vt. 转变

772 unable [ʌnˈeɪbəl]

Fear causes the thinking brain to shut down, making the person unable to function at his or her best.

adj.没有能力的

773 worldwide [ˌwɜːldˈwaɪd]

We welcome teenagers from over 80 countries worldwide and provide host families.

adj.遍及全球的

774 agreement [əˈɡri:mənt]

People in cities began to clap each other's hands to make a deal or to reach an agreement.

达成一致意见

775 ambition [æmˈbɪʃən]

A fuelling(点燃的) ambition plays a leading role in one's success.

n. 抱负

776 bend [bend]

Almost without thinking, I bent and gave her a hug.

vi. 弯腰

777 blow [bləʊ]

It may be a blow to their collective psyche(心智) that the north magnetic pole (磁极) is no longer a resident of Canada.

n. 打击

778 circle [sɜːkəl]

We called to each other excitedly as the plane took off and circled around the Canyon.

vi. 盘旋

779 commercial [kəˈmɜːʃəl]

Dave Thomas appeared in more than 800 commercials for the hamburger chain named for his daughter.

n.商业广告

780 cycle [saɪkəl]

He cycled through heavy rains and temperatures of up to 45 degrees, all to help people in need.

vi.骑自行车

781 defeat [dɪ'fi:t]

Worker ants will sacrifice their lives to help defeat an enemy.

vt. 击败

782 divide [dɪ'vaɪd]

With its focus divided, the lion becomes confused and is unsure about what to do next.

adj. 被分开的

783 marry [mæri]

I finally worked up the courage to ask her to marry me.

vt. 嫁

784 musical [mju:zɪkəl]

Many of Gershwin's songs were first written for musical plays performed in theatres in New York City.

adj. 音乐的

785 ordinary [ɔ:dənəri]

Computer chips(电脑芯片) could be put everywhere and send information in a smart network that would make ordinary life simpler.

adj. 普通平凡的

786 painful [peɪnful]

Just going to a restaurant or a shopping mall can be uncomfortable or even painful.

adj. 痛苦的

787 permit [pə'mɪt]

If you want to be a member of the Club, you must be permitted by your parent.

vt. 许可

788 pride [praɪd]

Many sports encourage national or local pride.

n. 自豪感

789 regulation [regju'leɪʃən]

Stricter regulations on pollutants should be made.

n. 法规条例

790 retire [rɪ'taɪə]

Tyler is said to have never actually retired because he was still active in giving advice.

vi. 退休

791 routine [ru:'ti:n]

Mums started their routine work at 7am and finished at around 11pm.

adj. 例行的

792 staff [sta:f]

The schools that I visit in Nottingham are full of experienced staff committed to giving our children a caring and inspiring learning environment.

n. 职工

793 strike [straɪk]

When sunlight strikes an object, some of the energy is absorbed and some is reflected.

vt. 照射

Deals will be struck to reduce the immediate effects.

vt. 达成（交易）

It struck me that playing against the other team was a great learning moment.

vt. 使突然想起

794 suit [su:t]

Buxton is proud of its cultural life and you'll find much to suit all tastes with art, music and opera.

vt. 适合

795 switch [swɪtʃ]

'Switching off' gravity would be like letting go of the string.

关闭

796 target [tɑ:ɡɪt]

Swiss watch industry targets rich people as its potential customers.

vt. 以.....为目标

797 theory [θiəri]

Hollywood's theory that machines with evil(邪恶) minds will drive armies of killer robots is just silly.

n. 理论

798 wander [wɒndə]

I am tired of wandering around the gym, wasting time and becoming bored.

vi. 漫步

799 found [faʊnd]

Although she founded her company early on in life, she wasn't driven primarily by profit.

vt.成立

800 worn [wɔ:n]

In 1983, after 20 years of use, Peters took down the worn-out bridge.

adj. 报废的